

LESSON 2

OBJECTIVE

Students will:

- Create and reflect on a way to make someone's day.

MATERIALS

- “Make Their Day” song
- Songbook illustrated by YOUR students
- Make Their Day Plan (see Appendix)
- Craft sticks for each student with one name written on each stick
- FISH! Philosophy Mini-book (see Appendix)

TIME

30 minutes

INPUT/ACTIVITIES

Sing It!

“Make Their Day” songbook illustrated by YOUR students!

Make Their Day Plan

Write student names on wood craft sticks and place them in a cup. Have each student withdraw a stick with a name on it (which cannot be his or her own). Have students create a Make Their Day plan using the blank form. Students can write or draw about how they plan to make the day of the person whose name they “drew.” At the end of the day, students can reflect on:

- What they actually did to make that person's day and how it felt to do something

thoughtful for someone else.

- Something someone did to make their day and how this made them feel.

EVALUATION

FISH! Philosophy Mini-Book

Have students complete the Make Their Day page of the Mini-book. Draw and/or write about simple ways to make the days of others!

Independent Practice

“Think of someone who is special to you. Find a partner and write down some things that you can do to Make Their Day.”

“When you go home today, I want you to do one of the things to Make Their Day. Tomorrow you will share what you did to make someone's day and how it made you feel.”